What is claimed is:

- 9. A page lifting device, for use with a loose-leaf binder having front and back covers with inside surfaces that substantially face each other when the binder is closed, binding rings each of which when closed approximately forms a circle having a center and a line connecting the centers of at least two binding rings defines an axis, and a binding-ring base cover, which comprises:
 - a) at least two page lifter portions hinge-mounted to an attaching member,
 - b) at least one said page lifter portion located in front of any pages contained in the binder and at least one page lifter portion located behind them,
 - c) each page lifter portion having an inner edge towards the hinge and an outermost edge away from the hinge,
 - d) the attaching member having a height of the hinge above the binding-ring base cover such that the hinge is located at approximately the axis of the binding rings,
 - e) said page lifting device is made from a material where a thin section of the material forms a flexure acting as the hinge,
 - f) said attaching member is fixedly attached to the binding-ring base cover with pressure sensitive adhesive with a peel-off protective cover,

whereby on closing the loose-leaf binder the outermost edges of the page lifter portions encounter the inside surfaces of the loose-leaf binder's front and back covers, forcing said page lifter portions to rotate about said hinge thereby lifting said pages on the binding rings away from the binding-ring base cover preventing the pages from being caught between the binding rings and the inside surfaces of the loose-leaf binder's front and back covers.

- 10. A page lifting device, for use with a loose-leaf binder having front and back covers with inside surfaces that substantially face each other when the binder is closed, binding rings each of which when closed approximately forms a circle having a center and a line connecting the centers of at least two binding rings defines an axis, and a binding-ring base cover, which comprises:
 - a) at least two page lifter portions hinge-mounted to an attaching member,

- b) at least one said page lifter portion located in front of any pages contained in the binder and at least one page lifter portion located behind them,
- each page lifter portion having an inner edge towards the hinge and an outermost edge away from the hinge,
- d) the attaching member having a height of the hinge above the binding-ring base cover such that the hinge is located at approximately the axis of the binding rings,
- e) said page lifting device is made from a material where a thin section of the material forms a flexure acting as the hinge,
- f) said attaching member is fixedly attached to the binding-ring base cover with foam tape having pressure sensitive adhesive with a peel-off protective cover, whereby on closing the loose-leaf binder the outermost edges of the page lifter portions encounter the inside surfaces of the loose-leaf binder's front and back covers, forcing said page lifter portions to rotate about said hinge thereby lifting said pages on the binding rings away from the binding-ring base cover preventing the pages from being caught between the binding rings and the inside surfaces of the loose-leaf binder's front and back covers.